

SPORTS

Varsity Ladies open 2000 volleyball season

The Lady Raiders opened the 2000 volleyball season by hosting a three-way match that included Lamar Consolidated and Shiner.

The varsity team consists of two seniors, five juniors and three sophomores.

Seeing action in both matches were Patricia Najera, Stacy Schneider, Crystal Alcalar, Shelley Boenisch, Janna Janish, Jessica Spanihel, Kristin Thompson, Leila Baggett,

Amanda Burrow and Erin Gold.

During the match, sophomore Erin Gold led in serving. She had nine service points with six straight in the second game. She also had one service ace for the match.

Helping lead the way for the Lady Raider offense was junior Alcalar with seven assists that led to kills. Leading in kills was senior Schneider. She had four kill with five attempts. Defensively, senior Patricia

Najera and junior Jessica Spanihel led the team. Najera posted nine digs while Spanihel had three blocks. All of the effort put forth by these girls was not quiet enough to come out with a "w", but they fought hard until the very end.

Lamar may have ended up with the win (7-15, 13-15) but overall the Lady Raiders played very well.

The Shiner match was much the same, but the scores were reversed.

The Lady Raiders hit the court ready to play. They came out and scored 13 points in the first game and seven in the second, but that was not enough to win.

Unfortunately, it seems as if they were stuck on those numbers.

Once again, the Lady Raiders played hard from start to finish, but came up short in the crucial moment.

Leading the team in scoring during this match was Alcalar. She had seven points during the match with two of those being aces.

Gold also had two service aces. Junior Kristin Thompson led in kills for the match with two, while Gold added six assists.

Junior Shelley Boenisch had four digs and Spanihel posted four more blocks for the evening.

Coach Wendy Dietrich stated, "I was very pleased with the way the girls played despite the outcome. We did a lot of things I thought we would not do until later in the season. One must remember that we are a very young team and it takes time to work out the kinks. We must continue to work hard to fix the little things that happened throughout the course of the matches."

This Week's Action!



Date	Team, Place & Time
Thurs., Aug. 31	Raider F & JV vs. Hallettsville, Here, 5 p.m.
Friday, Sept. 1	Raider Varsity at Hallettsville, 7:30 p.m.
Thurs., Sept. 7	Raider freshmen at Bellville, 4 p.m.
Friday, Sept. 8	Raider Varsity vs Corpus Christi West Oso in Victoria, 7:30 p.m.

Freshmen tie with Cuero in scrimmage

The Rice Raider freshman football team scrimmaged the Cuero Gobblers at Raider Stadium Thursday, Aug. 24. The scrimmage ended in a deceiving 2 to 2 tie.

Offensively, the Raiders moved the football well, not only running, but also showing a potent passing attack.

Quarterback Stephen Moore threw the ball well.

Running back Michael Spears scored two touchdowns.

Other offensive standouts were running backs Zac Kloss, Anthony Palmer and Derland Sanford.

Outstanding lineman blocking for the running backs were Jess Little, Dustin Krenke, Todd Korenek, Garrett Flores, Kevin Shimek and Rusty

Moore.

Defensively, the Raiders allowed limited yardage. The two Cuero scores came real early and real late in the scrimmage on identical plays that the Raiders seemingly stopped in the backfield with the runner getting loose, reversing the field and scoring on long runs.

Defensive standouts were defensive backs Spears, Brandon Jenkins, Marcus Woods and Palmer, and linebackers R. Moore, Kloss, Little and Sanford; lineman, Shimek, Jasmine Smith, Ed Thomas, Flores, Korenek and Krenke.

The Freshman Raiders will host Hallettsville at Raider Stadium Thursday, Aug. 31, at 5 p.m.

Lady Raiders play in Columbus tournament

The Lady Raiders traveled to Columbus to take part in the Ninth Annual Varsity Volleyball Classic

Thursday, Aug. 17.

The first team the Ladies faced was Brazos.

When the Raiders took the floor, they were one player short due to illness, but were fortunate enough to have sophomore Lauren Spanihel step up to the occasion.

The intensity of the game was high, but it slowly died. Brazos ended up winning 7-15 and 6-15.

Leading the team on offense was junior Janna Janish, scoring seven points in the match. Spanihel set the pace with three kills for the evening.

According to Coach Wendy Dietrich, "Lauren did her part considering she found out she would be traveling with the varsity that morning. I could not have asked her to do a better job for us."

Erin Gold had five assists while Shelley Boenisch led in digs with four. Once again, Jessica Spanihel led the

(See Columbus, Page 9)

Freshman Ladies see volleyball action

The Lady Raider freshman team played Lamar Lady Mustangs Thursday, Aug. 17, on their home court.

The Lady Raiders lost their first bout 3-15.

The second game proved to be successful as the Lady Raiders won 15-9.

Six points were scored with Margie Leopold serving and plays from Charlotte Foster, Danielle Spanihel and Camille Staff.

The third game was won by the Lady Mustangs 15-0.

The Lady Raider freshman team played the Shiner Lady Comanches but the seasoned team proved to be too much for the Ladies as they lost both games, 5-15, 6-15.

Leading servers in these games were Vera Cleveland and Kristi Johnson.

On Tuesday, Aug. 22, the Lady Raider freshman team played host to the Lady Wildcats of Weimar.

The Lady Raiders fought hard with great serves from Audra Marsalia and Danielle Spanihel and excellent blocks from Spanihel, Camille Staff, Erra Cleveland and Vera Cleveland.

However, the Lady Wildcats pulled away with a 16-14 victory.

The second game proved to be successful for the Ladies as they took charge from the beginning with excellent serving and setting from Charlotte Foster.

The Ladies battled hard to keep the Wildcats in control with plays from Margie Leopold, Kristi Johnson, Ashley Waligura and Brittnea Williams, stunning Weimar with a 15-9 victory.

A third game was needed to decide the match and the Lady Wildcats took

that game 15-5.

The Lady Raider freshman team then matched up with the Boling Lady Bulldogs.

The Lady Raiders played together well and worked hard to keep the first game 15-11.

The second game also proved to be successful for the freshman team as they made excellent plays to take the game 15-7.

JV Lady Raiders split opening matches

The Rice JV Lady Raiders opened the 2000 volleyball season last Tuesday, hosting Lamar Consolidated and Shiner.

In the Lamar match, the Lady Raiders came out sluggish and were defeated by scores of 4-15 and 3-15.

Scoring service points for Rice were Megan Staff with four, and Maria Najera, Jennifer Saucedo and Tiffany Stern with one each.

In the second match of the night, the Lady Raiders defeated Shiner in three games (15-12, 12-15 and 16-14) in a long, hard-fought battle.

Serving points for Rice were Lana Engstrom, one; Aimee Bubela, two; Najera, three; Stern, five; Staff, eight; Saucedo, 10 and Lauren Spanihel, 14.

The second match gave a better picture of the skills of the Lady Raiders as there were several long volleys.

Did You Know...

In parts of rural England, it was once believed by some that after the mulberry tree had sprouted its leaves there would not be another frost that year.

many good hits and several great blocks by the front line of Nicki Maxie, Spanihel, Engstrom, Stern, Bubela and Rodriguez.

Heidi Hammermill had several good back row attacks as Spanihel, Engstrom, Bubela, Rodriguez, Saucedo and Stern dominated the front attack.

Shelley Greack, Najera and Staff handled the setting duties for the Lady Raiders and did a great job.

The Lady Raiders were to host Weimar and Boling this Tuesday before traveling to Schulenburg.

Keeping an Eye on Texas

Six-Man Football — A Texas Tradition

For small town high schools with less than 94 students, Friday nights in the Fall mean one thing—Texas Six Man Football. It's fast, exciting and high-scoring. It's played on a smaller field (80 yards long and 40 yards wide), the goal posts are narrower and the game may end at halftime or later after a team leads by 45 points.

States with the Most High Schools Playing Six-Man Football

Texas	92 Schools
Nebraska	20 Schools
Montana	16 Schools
Colorado	16 Schools
New Mexico	12 Schools

SOURCES: Carole Keeton Rylander, Texas Comptroller of Public Accounts (www.window.state.tx.us), Texas University Interscholastic League, and National Federation of State High School Associations Handbook.

El bienestar de Texas

Fútbol americano de seis jugadores—una tradición de Texas

Para las escuelas secundarias con menos de 94 estudiantes que se localizan en ciudades pequeñas, las noches de los viernes durante el otoño significan una sola cosa — Fútbol Americano de Seis Jugadores. Es rápido, emocionante y de marcadores abultados. Se juega en un campo más pequeño (80 yardas de largo y 40 yardas de ancho), el espacio entre los postes para goles de campo es más estrecho y el juego puede terminar en el medio tiempo o más tarde en caso de que uno de los equipos se encuentre arriba por 45 puntos.

Estados con el mayor número de escuelas secundarias que juegan fútbol americano de seis jugadores

Texas	92 Escuelas
Nebraska	20 Escuelas
Montana	16 Escuelas
Colorado	16 Escuelas
New Mexico	12 Escuelas

FUENTES: Carole Keeton Rylander, Contralora de Cuentas Públicas de Texas (www.window.state.tx.us), Liga Interscholastic Universitaria de Texas, y el manual de la Federación Nacional de Asociaciones Estatales de Escuelas Secundarias.

Foot Facts



By Dr. Eric R. Tepper, Podiatrist
AEROBICS & YOUR FEET

Whether you choose step, hi-lo, or low-impact, aerobics classes are an excellent way to increase your cardiovascular fitness and reduce stress. And because aerobics often involves many side-to-side movements as well as jumping and other impact moves, your feet need special attention. To protect against injury and maximize your workout, wear appropriate shoes that have substantial cushioning, shock absorption, and medial-lateral stability. The side-to-side motions require a shoe with an accommodating arch design. Thick upper leather or strap support is critical to support the forefoot and prevent the foot from slipping during aerobics. Shoes need a roomy toe box to prevent toe and nail irritation. Shoes designed specifically for aerobics offer the best foot protection for this activity.

There's no question that aerobics and other forms of exercise are good for you, but they can put extra demands on your body. When your feet hurt, it's all too common to accept this as due to a hard day at work or play. Healthy feet aren't supposed to hurt, and it's our job to find out why yours do. If being active is a big part of your life, consult your podiatrist about how to prevent as well as treat foot injuries and conditions. Please call 234-5571 for an appointment at Rice Medical Center. I am there every Tuesday.

P.S. Because they lack sufficient stability and lift the heel too high, running shoes are not the best choice for aerobics.

St. Mary's Parish
Nada, Texas

Annual Festival & Homecoming Sunday, Sept. 3

Holy Mass at 7 a.m. & 9:30 a.m.

BBQ Beef & Sausage Dinner

\$6 per plate - Served 11 a.m. to 1:30 p.m.

Enjoy Polka Music while you dine in the air-cooled
Nada Community Center by The Rusty Steins of
Holy Family Parish, Victoria, Texas.

Drive-thru Line open 11 a.m. to 1 p.m.

Country Fair • Auction at 1 p.m.

Refreshments Served All Day & Night
BBQ Sandwiches: 1 to 7 p.m. • Sausage-in-a-Boat and Nachos: 4 to 10 p.m.

Games & Entertainment
For Young & Old During the Day & Night!!
Special Appearance by "Rainbow the Clown"

FREE Dance: 7:30 to 10 p.m.
Music by Von Allman Musik

Many Valuable Prizes to be Given Away at 10 p.m.!!
Plenty of FREE Parking • Come When You Can • Leave When You Want!

Eagle Lake Dairy Delite

Introducing a New Line Up for Football Season!

New Hours:

Monday 11 a.m. to 8 p.m.

Tuesday 11 a.m. to 8 p.m.

Wednesday 11 a.m. to 8 p.m.

2 for 1 Thursday 11 a.m. to 8 p.m.

Friday 11 a.m. to Midnight

Saturday 11 a.m. to Midnight

Sunday Closed

234-7128

